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WHO WE ARE

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The Other Press.

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student newspaper since 1978

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Letter from the Editor: To this day: Will bullying ever go away?

Sticks and stones may break my bones, but words will never hurt me.

I, like millions of others, was bullied as a kid. I mean, of course I was: I was a pudgy little girl, growing up with an ambiguous race in a predominately-white, middle-class community. People made fun of my round face, my spandexy style (hey, it may sound dumb now, but when you're 11 and rotund, it makes sense to swath yourself in comfy lycra), and my bookwormy nerdiness. Sure, I was bullied, but I was lucky enough to move past it. Why? Well, I think I can look back at the pranks and name calling of my past without too much pain because I grew up in the '90s—in a pre-Internet age.

I don't think that kids today are as lucky.

While bullying has always had terrible psychological consequences for its victims, kids nowadays are subjected to mockery and torture that's both all-pervasive and everlasting online. When I was little, I could go home after school and cry to my mom and read my books and escape. Once we grew up, most of my tormentors matured and moved on with their lives (I mean, they're still jerks. But now they're adult jerks and don't yell at me out their car windows in front of their kids or anything). But now, kids go home and are followed by their bullies onto their Facebooks and other public spaces online. And, as anyone who's ever made a sex tape likely knows, those words won't fade into nothing more than painful, distant memories—they will be somewhere online forever.

The death of local teen Amanda Todd last fall really drove this point home in a dark and very real way. If Todd grew up in a different time, maybe she would have had a chance to grow up and move on—never forget, mind you, but move on. Unfortunately, she grew up now: in a time when bullying is as strong as ever, and where bullying could follow her beyond physical spaces and into her min—to the point where she could no longer support herself.

What this tells me is that the actions we're taking against bullying aren't working. As Shane Koyczan's spoken-word poem, "To This Day," attests, simply telling kids the old adage that sticks and stones will break bones but words won't hurt you is pointless. We need to find another way to raise our children in a culture where bullying isn't cool; where kids find self esteem in ways other than hurting each other. We can't keep pretending that bullying is innocuous, or kids who might otherwise have grown up as wonderful, productive people may never grow up.

The CKNW Ophans' Fund annual Pink Shirt Day to combat bullying is Wednesday, February 27.

Sharon Miki

Douglas Idle No More

Students and staff support New Westminster rally

By Eric Wilkins, Staff Writer

On Tuesday, February 19, an Idle No More rally took place in the New Westminster campus' concourse. The event was intended to help inform those in attendance about the various new bills being passed by the government and their impacts, as well as to educate onlookers about Aboriginal traditions and culture.

Organizer Madison Paradis-Woodman noted that the event was made all the more important by the fact that it was the first in New Westminster. Along with this, he said that, "It makes sense to hold an event at Douglas, an institution that prides itself on creating an environment for intellectual engagement in and outside of the classroom. This event in turn provided the perfect opportunity for students to apply theories and perspectives learned in the classroom to real life situations."

Moving onto the rally itself, Mique'l Dangeli, a UBC doctoral student doing a Ph.D. in First Nations studies, speaking on the omnibus bill C-45, said, "This act is pretty much going to erase all of our strides as Aboriginal People. They pretty much clear the way for Enbridge to exploit our lands without consultation with the First Nations, especially on our reservations." She would go on



to mention that, "These huge bills bury the issues."

Dangeli's husband Mike, an artist, carver, dance group leader, and business manager, also spoke on the issue: "They're getting rid of protected lakes and streams to make way for pipelines. It's not about yes or no [to the projects], it's about asking, 'How would you feel if they wanted to put it right through your backyard or your front yard for that matter?'"

Douglas College Elder Skiljaday (Merle Williams) gave an emotional speech along with some traditional songs. "Even with the bills that are being thrown at us to try and stop us from being who we are as a people, we have to take that and turn it around and turn our back to those horrible things that are

happening and have faith that we can prevail like we have already so far. We are a strong people and many people are looking to us to join us. To stand beside us. To say 'we're walking with you because we believe what you're doing.'"

One of her closing remarks was on a more spiritual level, "We always have to invite spirit in no matter where we go. Because without spirit, without creator, who are we? Spirit is very important to open up inside ourselves because in order to love mother earth, we have to first love ourselves."

BC Métis Federation board member Beverly Lambert also spoke at the event, as did Douglas College faculty member Artemis Fire, on the Métis struggle and how despite having a different



Students, staff, and locals rally in New West | Photos courtesy of Sonia Keshane



culture from the First Nations, the two should use Idle No More as an opportunity to find unity.

Amongst the speakers there were also traditional dances, drumming, and songs. Paradis-Woodman estimated that over the event's duration there were about 350 people. He would go on to comment that, "The Idle No More movement, as a whole, has given me a renewed sense of pride to be an indigenous person in Canada. Personally, I have experienced the power and pride achieved through standing in solidarity with all peoples of Canada. As an indigenous person and a Canadian, I felt that it is my obligation to support the belief of basic democratic rights for all peoples."

Sonia Keshane, another of

the organizing trio, quoting one of the popular sayings throughout the movements said, "When sleeping women wake, mountains move." In keeping with that quote, she would mentioned how First Nations women and grandmothers (of which she is both) are "Strong leaders within the First Nations community" and "keepers of the land."

The proud Ojibway finished by expressing her feelings about the event, "We looked up and there was a hawk flying above the concourse. The hawk felt our energy and brought forth our vision to share with others. To see every nation stand side by side was worth the effort for the event. I felt very happy inside and felt I did my job to bring awareness. It's a start."

This Week at Douglas: February 25 - March 3

By Dylan Hackett, News Editor

Wednesday, Feb. 27

2013 Royalympic Rumble, 4:30 p.m. to 7 p.m.

Douglas students and staff keen to reignite their passion for high school gym faceoffs will be taking over the the Pinetree Community Centre gym adjacent to the David Lam

campus for an evening. Teams assembled to represent real and fictitious nations will duke it out in tournaments of capture the flag, crazy soccer, dodgeball, and volleyball. Volunteers are also required for the event and those looking to do so should visit <http://www.douglife.ca/2013/volunteer-opportunities/royallympic-rumble-2>. Shuttles are available for team members

needing transportation from New Westminster to David Lam campus.

Anti-Bullying Day

Wear a pink shirt to raise awareness against bullying, or find the booths in the New Westminster concourse and David Lam atrium to get a new shirt for yourself. Shirts are in limited supply and will be

distributed from 11 a.m. to 2 p.m. The first Anti-Bullying Day was first made official by the BC government in 2009.

W

Thursday, Feb. 28

Heart Breakers Campus Party, 7:30 p.m. to 12 p.m.

This month's pub night at the DSU building in New Westminster takes on a belated-Valentine's theme.

Students wearing white will be noted as taken, red for single, and black for those self-identified heartbreakers. Wear a combination of these three hues to add a shade of mystery to your outfit. Free food will be available, as well as \$3 drinks. The event is for 19+ students only and two pieces of ID are required.

NATO troops in Afghanistan | Photo courtesy of www.rnw.nl

World Recap: February 15 - 22

Weekly geopolitical events

By **Keating Smith**, Staff Writer

Africa: (Niger) The United States military has sent 100 soldiers to Niger to assist French forces in neighbouring Mali and their offense against Al-Qaeda-associated forces. According to several American media sources, the US and Niger have reached a tentative agreement on how much of a role the US military will assume in this region of Africa and assist in stabilizing the situation the region is faced with, due primarily to infiltration by Islamic extremists over the past several months.

Latin & South America: (Guatemala) Officials in Guatemala made a public apology after announcing the world's most wanted drug lord,

Joaquin 'El-Chapo' Guzman, was killed in a clash in the northern area of the country bordering Mexico. "It was a mix-up. We were referring to information generated from the area that there was possibly a crime scene with a dead person resembling El Chapo," Guatemala's interior minister told the press. El-Chapo is still believed to be in hiding in the western area of Northern Mexico and is the most wanted man by both American and Mexican authorities. He is estimated to be worth \$1 billion, according to financial magazine *Forbes*.

Asia- Central & South: (Afghanistan) NATO forces are determining whether or not to leave a supposed 12,000 soldiers on the ground in Afghanistan after 2014—the initial withdrawal date of all foreign military forces from the country.

Discussion on the subject comes shortly after President Obama announced withdrawing of 30,000-60,000 American troops from the country during his State of the Union speech by early next fall. NATO held the North Atlantic Council of Defense Ministers' meeting in Belgium last week.

Asia- Pacific: (Guam) American fighter jets were scrambled last week to intercept two Russian Tu-95 long-range bombers off the coast of Guam. The Russian planes approached the Pacific military base on the day President Obama was preparing to give his State of the Union speech and discuss potential cutbacks in military spending. This is not the first time the Tu-95 or "Bear" has been intercepted by NATO forces during a crucial diplomatic event. In February 2009, two CF-18 jets were scrambled in

Cold Lake, Alberta to intercept a Russian plane when it was detected flying in the high Canadian Arctic on the same day the American President was scheduled to visit Ottawa.

Europe: (Russia) The Liberal Democrat Party of Russia has proposed legislation in the Duma to protect the Russian language by passing a bill to fine or detain people who use English words that have infiltrated into Russian linguistics since demise of the Soviet Union. The proposed bill suggests that Russians instead use dated words that have been replaced by more modern terms used to describe English words such as "dealer," "boutique," and "wow." Fines are slated to range anywhere from \$80-1,650 for offenders and have brought fierce criticism from the United Russia Party, who sees the bill being unattainable due to the

influence the Internet has on the country and its citizens.

Middle East: (Jordan) Ahmad Alhendawi was sworn in to the United Nations last week to become the next General Envoy on Youth. The 29-year-old was selected after a robust selection process, according to UN spokesperson Martin Nesirky, who referred to Mr. Alhendawi as "a very distinguished young leader among billions of young people, and one who will bring new and fresh and creative ideas [and] working with and for Women and Young People as major focus." Mr. Alhendawi has made a strong UN presence over the past several years, dealing with politics in the Middle East and specifically within the League of Arab States.

U Ottawa kicks off lecture series commemorating bilingualism and biculturalism in Canada

Series of lectures to celebrate 50th anniversary of Royal Commission

By Jesse Mellott, The Fulcrum

OTTAWA (CUP) — The University of Ottawa, in conjunction with the Office of the Commissioner of Official Languages and universities across the country, is helping to commemorate the 50th anniversary of the Royal Commission on Bilingualism and Biculturalism in Canada.

The commission was established in 1963 by André Laurendeau and Davidson Dunton in order to study and address the language and cultural policies between anglophones and francophones that existed in Canada at the time. Its recommendations also led to the creation of the Official Languages Act and the Office of the Commissioner of Official Languages (OCOL).

According to Carsten Quell,

director of policy at the OCOL, the commission itself addressed Canadians' concerns about the nature of the country's linguistic and cultural duality.

"What the commission did was it went across the country and essentially heard from Canadians what they felt were the issues surrounding official languages or surrounding linguistic duality, and what they proposed to ensure the Canadian confederation stays strong," he said.

Quell added that the purpose of the anniversary commemoration is to recognize the relevance of the royal commission and the impact its recommendations have had on Canada's institutions like the OCOL and bilingual universities like the U of O.

"If the [commissioner's] office is a child of the commission, I guess in some ways you can say that the University of Ottawa is a child of the commission as well, or very much sees itself in the tradition of the commission," he said.

The commemoration will feature a series of lectures across the country, in Ottawa, Toronto,

Edmonton, Winnipeg, Montreal and Moncton.

The first lecture took place Feb. 6, during which U of O president Allan Rock spoke about the effect the commission has had on the university and Canada as a whole.

Rock noted that the U of O freed up some of its professors in 1963 to help the commission and put effort into its written submission that was completed the following year.

"In the end, the university's message to the commission was a simple one: If we can do it, this country can do it," said Rock. "It won't be perfect. It will be, by definition, a work in progress."

Rock also expressed his gratitude for the U of O's inclusion in the lecture series.

"We are therefore especially honoured that the [OCOL] asked us to partner with it in marking this important anniversary," he said.

The final lecture will take place at the U of O on June 17.



Photo courtesy of Blair Gable / Reuters files

Douglas board nominations come to a close

Board of Directors and Education Council elections loom

By Dylan Hackett, News Editor

Yesterday, final nomination papers from Douglas students wishing to run on the college's Board of Directors and Education Council were drafted for those looking to serve on these bodies during the 2013-14 term. Student elections for the two available college board seats and four available education council seats are slated to happen in mid-March, with tentative dates allegedly taking place in the third week of March.

The Douglas College Board of Directors is composed of 12 members, with two being student representatives, a staff and faculty representative, and eight other members appointed by the provincial cabinet ministers. Many of those appointed are business

enhance their own development. They can be a part of something that not a lot of students get to see. Does it look better on a resume? It might," explained Paul Wates, board chair. "Most of our students who have come through the board have found it to be very enjoyable and

said Wates. "We really want to encourage students because we value [them]. They bring a perspective."

Wates was adamant in assuring that students elected to the board do not take on an advocacy role in their board position as they would in the

come to the board they leave that hat at the door," said Wates. "They have to bring in their perspective but they're not going to be advocating on behalf of that group."

During the New Westminster revamping unveiled in the Fall 2011 semester, student members of the board had a major role in recommending changes made to the concourse, input Wates considered valuable given the amount of time students spend at the college.

"We got very good input from students on the board when we asked 'what would students like to see?' because I come here, but I don't live here," Wates joked. "Students were very instrumental in putting suggestions on the table that were very valuable."

“We think there's an opportunity here for students to enhance their own development. They can be a part of something that not a lot of students get to see.”

and education professionals of high calibre, giving student representatives otherwise unlikely opportunities to meet and work alongside of experienced professionals.

"We think there's an opportunity here for students to

educational as well."

"Student board members are elected for one-year terms. Typically, students only stay on the board one year because of their individuality. We have one board member student who has been on her second term now,"

Douglas Students' Union.

"We really want to emphasize that when student, faculty, or staff members come onto the board, they're elected, and they're elected by their constituency groups, but the bottom line is that when they

Were the 85th Academy Awards a game changer?

From songs about boobs to CGI teddy bears

By **Angela Espinoza**, Arts Editor

The 85th Academy Awards happened on Sunday, February 24, and it was, to say the least, interesting. First-time host Seth Macfarlane managed to keep the otherwise mediocre show afloat with—what oftentimes felt improvised—semi-offensive jokes. An apparent “musical theme” ran throughout the ceremony as well, and while most of the songs performed were from previously Oscar-nominated films, this failed to take away from the handful of amazing musical performances. As usual, the worst part of the show was the awkward banter between award presenters.

But back onto the positives, the majority of the awards handed out this year felt very fair. Some were pretty obvious wins, such as Christoph Waltz’s second win for Actor in a Supporting Role (although Phillip Seymour Hoffman in *The Master* was definitely a close second) and Daniel Day-Lewis’ third win for Actor in a Leading Role for *Lincoln*. As always though, the surprises were the real treat of the night, with some of the bigger ones including *Searching for Sugar Man* for Documentary Feature, Anne Hathaway—who I might add gave a tearfully heartfelt speech—for Actress

in a Supporting Role, and the biggest surprise of the night, *Argo* for Best Picture. *Argo*’s win was such a surprise because so many other excellent films were nominated with it, all of which were fair game. This year’s Oscar ceremony had one of the best film lineups in recent years—though I will say that I think *Life of Pi* got a little too much love for many of the same reasons that *Avatar* did back in 2010.

What I feel people will be Googling most though is if there’s ever been another tie in Oscar history, since both *Skyfall* and *Zero Dark Thirty* won for Sound Editing... either way, good for both of them!

Finally, my last and most important award reaction, Animated Feature going to *Brave*? Bull. Shit. Go watch *Wreck-It Ralph* or *ParaNorman*. Now those films deserved an award!

Going back to Seth Macfarlane, I knew from the moment he was announced as a host that I would love him. If he were the go-to host for the next... we’ll say five years, I’d be ecstatic. Whether his jokes were on or off-script, the majority were fairly hilarious. His little dance numbers and brief songs at the start of the show were definitely some of the stronger moments—although the “intro” also ran longer than it should have. With a very strange drop-in by an elderly James T. Kirk (William Shatner), the odd skit was greatly livened up by some classy dance numbers performed by Channing Tatum with Charlize Theron, and



The 85th Academy Award Nominees | Photo courtesy of Greg Harbaugh/ A.M.P.A.S.

Daniel Radcliff with Joseph Gordon-Levitt (and *Flight* recreated with sock puppets was pretty amazing too). Even as the show ran about 40 minutes overtime, Macfarlane, albeit nervous, never completely lost his cool, and brought some of the better-improvised jokes of the evening during that time period.

What kept the class-factor up as Macfarlane stood to the side for those always god-awful award presentations were, again, the song performances. From Catherine Zeta-Jones’ lively rendition of “All That Jazz” to 76-year-old Shirley Bassey’s jaw-dropping performance of “Goldfinger,” the musical performances never failed to impress. One of the bigger highlights though

was definitely the live full-cast performance of “Suddenly” from *Les Misérables*—Hugh, Anne, Amanda, and even Russell were all fantastic to watch.

As for the weirder moments, I suppose a good place to start might be the CGI recreation of Ted (voiced by Seth Macfarlane) for an award presentation with Matt Damon. While I’ll say the CGI on Ted was incredibly lifelike, it was also unsettling to look at, especially during the many zoom-ins. Then there was the co-presentation of Best Picture, done by Jack Nicholson—which made me happy—and for some inexplicable reason, Michelle Obama—which made me confused. Without exaggeration, there was no reason for the

First Lady (via video feed, I should add) to be presenting that award. There was also poor Jennifer Lawrence’s fall on her way up to the podium for her speech, but she recovered with a delightfully self-aware acceptance. Speaking of speeches, the most entertaining speech of the night belonged to Ben Affleck after *Argo* won Best Picture—speeding along, stumbling, and seemingly on the verge of tears, Affleck’s speech made sitting still for nearly four hours almost worth it.

And with that you have the 85th Academy Awards summed up in a nutshell. The ceremony wasn’t anything spectacular, but it was largely a treat to watch, and it’s raised the bar for next year’s ceremony. Until then, go watch some quality movies!

What would you do for your son?

We review the new film ‘Snitch’

By **Steven Cayer**, Contributor



I never thought I’d write this, but Dwayne Johnson almost made me cry. In *Snitch* (released February 22), a crime-drama directed by Ric Roman Waugh and based on true events, a loving father (Dwayne Johnson) finds his estranged son (Rafi

Gavron) arrested for drug possession. The film states that US drug laws require a minimum of 10 years in jail for drug possession in the case of first-timers. In order to lower his son’s sentence, Johnson’s character makes a deal with the prosecutor (Susan Sarandon) to become an informant for the DEA, while also hoping to make more than just an arrest.

The first time I saw the trailer for *Snitch*, I thought it would be just another Dwayne Johnson action movie—boy, was I wrong. The movie didn’t waste any time pulling me into the plot and its characters, and not just at the beginning; I was

on the edge of my seat the whole time. Waugh does a good job in making the audience really feel something and care about protagonist John Matthews and his partner (played by Jon Bernthal, known best for his role as Shane on *The Walking Dead*).

This brings me to the question I asked at the beginning: what would you do for your son? Throughout the movie, I found myself repeatedly asking this same question. Now, I found this a bit tough, considering I don’t have a son, but I found it easier to imagine it if I put myself in Johnson’s likely humongous shoes.

I wouldn’t think of Johnson playing a family man, but he pulls it off well. Johnson’s performance in *Snitch* has got to be the best performance I’ve ever seen him do. I saw him as a father who would do anything to save his son from doing jail time, even if that meant risking his life. I think he’s been trying to get more into the films he takes on and more into being legitimately credited by his name.

Of course, I need to give a shout-out to the other cast member that backs this movie up, Susan Sarandon. At the beginning, she was cold and nonchalant, but as the movie

progressed she became warmer and, well, more ‘chalant.’

Another thing that made *Snitch* a great movie was the cinematography. The way the camera moved and used certain angles made the whole experience even more intense, using the “shaky hand” or the “handheld” technique.

Overall, I think Dwayne Johnson has made his own name more known as a serious actor, and if you enjoy intense drama and a beautiful father-son relationship, then definitely go see this movie. Of course, if you just want to see some cop-like action, you’ll also find plenty of that here too.



The return of Sherlock Holmes

A modern reintroduction to the sleuth of the century

By Aidan Mouellic, Contributor

Genius is an overused word. We tend to label anyone with an impressive IQ a genius, when really a genius is someone who creates something out of nothing. Sir Arthur Conan Doyle, creator of the Sherlock Holmes series, is one of those geniuses. Sherlock Holmes, the detective who primarily uses his skills in deduction and chemistry to solve crimes, first appeared in print in 1887. Between then and 1927, Holmes appeared in four novels and 56 short stories and solved countless crimes with his friend and assistant, Dr. John Watson.

The quality of writing and the rich detail present in the Holmes series makes these stories a joy to read and difficult to put down. For something written so long ago, the books hardly feel dated and are worthy of the term “timeless classics.” Today though, we live in a time when people do most of their reading online in short bursts; novels are not as popular, ergo fewer people are reading the works of Sir Conan Doyle. Fortunately, Sherlock Holmes and his adventurous ways are managing to be more

popular than ever thanks to newer mediums.

In 2009, the Guy Ritchie-directed film *Sherlock Holmes* starring Robert Downey Jr. as Holmes and Jude Law as Dr. John Watson became a massive hit and proved how popular the character of Holmes still was. Since then, there has been a sequel and a couple modern day interpretations broadcast on major television networks. One of the new series is *Sherlock*, first broadcasted on the BBC in 2010, starring Benedict Cumberbatch as Sherlock Holmes. The other series, inspired by the popularity of the BBC series, *Elementary*, is set in modern-day New York City, and stars Jonny Lee Miller as Holmes and Lucy Liu as Dr. Joan Watson.

These films and television shows have, for the most part, received critical acclaim and managed to bring the stories that Conan Doyle crafted back into the limelight—though the BBC version is by far the best of the bunch. The show is set in modern day London and has had two seasons broadcasted, with a third on the way. The show has a unique format, as each episode is 90 minutes long, and each season is only three episodes (currently totaling six). *Sherlock* feels more like a film series rather than a television crime-drama, which is, in every regard, a good thing. The

adventure, humour, and clever plots come straight out of the pages of the original books, but have a modern twist that makes the series more relatable and appropriate for current audiences.

Martin Freeman, who recently starred in the title role of *The Hobbit*, plays Dr. Watson in *Sherlock*. In the series, he is re-adjusting to life in London after spending time with the army in the Middle East as a combat doctor, returning home injured. It is upon his return that he meets Holmes, and thus begins an inseparable friendship, blogging about their adventures and slowly turning Holmes into a local celebrity. Freeman and Cumberbatch work well on screen together, and there could not be a better-suited pair of actors for the roles. The whole show is filled with brilliant acting and riveting action; it’s an addicting combination.

Arthur Conan Doyle is hopefully smiling wherever he is, as his stories are still being told today with great effect on screen. To get the full experience one should read the books, but if you can only manage to watch Holmes on screen, you are still getting a good sampling of the genius that is Sherlock Holmes—or more appropriately, Sir Arthur Conan Doyle.

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Timing is everything

'The 39 Steps' marries Hitchcock to Monty Python

By Adam Tatelman, Contributor



The 39 Steps (here until March 16) occupies that bizarre territory of theatre where the performance is transparently an act of make-believe and yet all the more hilarious for it. Four incomparable and seemingly tireless actors (Diana Coatsworth, Jay Hindle, Shawn Macdonald, and David Marr) play over 150 screwball cartoon characters who know that their performances are beyond believable and play that fact to the hilt, constantly breaking the illusion through their interactions with one another, their environment, and occasionally themselves—with uproarious results.

As a fan of Alfred Hitchcock, I was looking forward to seeing his first

successful spy movie adapted into a comedy for the stage, as presented by the Arts Club. Much of the dialogue is unchanged from the film version, which is a fairly straightforward (by Hitchcock's standards), serious-if-darkly-comic thriller. It's surprising how easy it is to play all the same lines for laughs. The play concerns Richard Hannay, a 1930s Englishman going through a midlife crisis whose world is turned upside down by fraulein fatale Annabella Schmidt, a spy who knows too much about the mysterious and titular "39 steps." Hannay ends up framed for murder, and the subsequent journey to Scotland to meet an informant takes us through Hitchcock's entire filmography, complete with references to *Rear Window*, *North By Northwest*, *Vertigo*, *Psycho*, and *The Birds*; see if you can spot the silhouette of the master himself!

It is clear that director Dean Paul Gibson is a great fan of Hitchcock films, affectionately ribbing everything that made them iconic in the first place: classic violin chords meant to punctuate romantic or dramatic

moments are abused to the point of parody. The understated romance common to Hitchcock thrillers is comically sexualized. The film noir-esque interplay of light and shadows is turned into actual shadow puppet theatre, making for amusing scene transitions. Hitchcock's personal favourite 'falsely-accused man' narrative is spoofed by police radio broadcasts that compliment the suspect on his lovely haircut. All this congeals into an entrancing insane asylum that plays with your sense of aesthetic distance like an old arcade machine.

It's hard to maintain a sugar-high of manic energy throughout an entire play, but this cast of actors might as well be six years old (yes, that's a compliment); they change costumes in a matter of seconds, offstage and on, swapping accents, faces, and bodies like they are second, third, fifth, and twelfth skins. Only in *The 39 Steps* will you see an actor juggle three different roles on stage at once, effortlessly leaping between Scottish constable, English passenger, and wailing train conductor within the span of seconds, or one actor literally



Martin Happer, Diana Coatsworth, Shawn Macdonald, and David Marr in *The 39 Steps*
Photo courtesy of The Georgia Straight

wearing two costumes and talking to himself for an entire scene.

As if all this wasn't enough, the cast and crew are constantly readjusting the stage in full view of the audience, keeping up the breakneck pace without fail. A trio of ladders far upstage becomes a bridge in the distance as Hannay evades the authorities by climbing it; furniture becomes luggage then becomes a train car, in which all the actors wobble along as if they were enduring a bumpy ride; most impressively, a lecture hall becomes a car onstage. All this underlines the hilarity of what we're witnessing; the transitions are obvious, yet the characters believe it. It is

telling that the changing of each character, costume and set piece was so excruciatingly planned out that the entire play is an athletic circus act comparable to spinning plates in perfect unison while performing a flamenco dance. The intermission honestly felt obtrusive and flow-breaking.

I warn you; this show's run is very limited. Even if you've never seen a Hitchcock movie—even if old thrillers are too slow for your taste—this loving pastiche may be just what you need to get into something new. I implore you, don't waste this window of opportunity. Climb as many steps as you must to see this absolutely engrossing farce.

Press x-button to epiphany

We need to redefine the term 'art game'

By Angela Espinoza, Arts Editor

The term 'art game' sets off an alarm for a lot of people. Relating back to the term every time is the argument on whether or not video games can be considered a form of art. That argument is very much the "graphic novel" of the gaming world, that is—to this writer anyway—a stupid, Rorschach test of an argument, if you can even call it an argument anymore. The 'argument' has gotten even more complicated in the last two decades, as many (mainly indie) developers have become more creative with their projects.

To better define the term, 'art game,' as times have changed, now refers to games that focus on their atmosphere more than anything else. The argument previously mentioned

has since lost most of its meaning as the term has now mutated into its own genre of games. For example, video games such as *Braid* (2008), *And Yet It Moves* (2009), and *Limbo* (2010) have all fallen under the genre of art game.

Where I feel a new debate needs to arise is in what specifically can be listed under this new genre. The three games listed above are, I feel, distorted into the genre's mix because their artwork is a major factor in how the player experiences the game. All three games are platformers that gradually get more complicated as the player treks on, and while they are amazing to look at, these games are not here just to look pretty—the player actually has to accomplish a goal within the game. Other games with gorgeous artwork, such as *Stacking* (2011) or *Bastion* (2011) for example, aren't considered art games, perhaps because their goals are more obvious (in *Stacking* you solve puzzles, in *Bastion* you largely fight

enemies).

That's not to say what I consider an art game doesn't have a goal or at least an ending for the player. Usually what is seen in these games is either a story (oftentimes revealed out of order) or a setting that is meant to envelop the player, and that's basically it—the term 'minimalist' comes to mind.

I recently played a French-language indie game called *Bientôt l'été* (Soon the Summer in English), which came out on February 8. In this game, the player chooses either a male or female avatar, traverses a beach for apparitions that drop chess pieces, and then converses with whoever else is playing over an apparent game of chess—rinse, repeat, beat the game. I did not like *Bientôt l'été*, which struck a chord in me because I actually enjoyed the hotly debated *Dear Esther* (2012). In *Dear Esther*, the player walks through various environments, gradually piecing together the fragments of how they got to this point—that's the entire game. Both games

are stunning to look at, but if their stories mean nothing to the player, than I can assure the player has wasted their money.

Dear Esther and *Bientôt l'été* are the types of games I truly feel are art games. They're the arthouse and the avant-garde of the gaming world, and they can either be deeply meaningful to a person or a crappy way to spend two hours.

Many more of these art games have popped up in the last few years. Tale of Tales, the Belgian company that developed *Bientôt l'été*, has a slew of other art games under their belt, including another hotly debated title, *The Graveyard* (2008), in which you are an elderly woman visiting a graveyard (it's been advertised you sit on a bench at some point). *Rez*, an older title released in North America in 2002, is considered to be an art game as it is largely visual and sound-based, as is its 2011 prequel *Child of Eden*; both games attempt to replicate synesthesia. The widely beloved 2012 game *Journey*, for those

who don't already know, is also an art game in that the player traverses a desert and occasionally interacts with their environment.

Back to the topic at hand, each of those games previously listed are, again, true to the art game form. They're experiments for a player to take on and, like any experiment, you either come out of it somewhat changed or shoulder-shruggingly disappointed. Someone desperately needs to redefine the term 'art game,' because experiencing your environment (like in *Dear Esther* or *Journey*) is not the same as solving a puzzle (like in *Braid* or *Limbo*). Now I play the waiting game as *Walden*, a Game nears completion—*Walden* is a video game adaption of the Henry David Thoreau book, and considering how divided readers of the book are known to be, I'm looking forward to the debates on this soon-to-be art game.



Ron Crawford | Crawford photos courtesy of David Borrowman

*Kauai Dreams* by Judy Weeden
Photo courtesy of Janet Dwyer*Considering Random* by Ron Crawford

Judy Weeden

'Clay Symposium' rocks the Amelia Douglas Gallery

By **Angela Espinoza**, Arts Editor

The Amelia Douglas Gallery will induct a new exhibit, entitled *Clay Symposium: Formed Earth, Earth Formed* this Thursday, February 28, from 4:30 to 7:30 p.m. (with an Artist's Talk at 10 a.m. the following morning). *Clay Symposium* will be held in partnership with the upcoming 6th Triennial Canadian Clay Ceramic Symposium taking place on March 23. This partnership not only promotes the March Symposium, but also formally introduces students and attendees to the works of Judy Weeden and Ron Crawford, artists who currently live and work on Salt Spring Island. Weeden and Crawford spoke with us last week about themselves and the *Clay Symposium* exhibit.

Weeden first began her career as a biologist (a seemingly far cry from pottery), focused at the time on nature, and going on to teach at the University of Alaska for a 13-year run:

"I took a sharp turn and became a potter," Weeden said. "In my field wanderings in Alaska, I came upon a hillside of stoneware clay in the foothills

of the Alaska Range. What intrigued me first was the clay from which pots could be made.

"In 1972, [I] went to the University of California, Santa Cruz, where I skipped all my neurophysiology classes and spent my time instead in a pottery class under the tutelage of Al Johnsen, a protege of Marguerite Wildenhain, a well-known potter who ran a pottery school in the hills above Santa Cruz. Later, I met Wildenhain and took a workshop from her. Alas she was already in her 80s with a pacemaker, so I was never a student at her school, but she did send me to another of her students [named] Dean Schwarz. He became my teacher and mentor for two intense summers, and continues to be a friend and mentor to me to this day.

"I feel fortunate to have had such an integrated background, all happening quite serendipitously. I have now been a full-time potter for over 40 years. At first I did strictly functional work, but gradually as people started calling me an artist (much to my embarrassment), I began to feel the need to move beyond honey jars and soap dispensers. Although my work is still

mostly vessel oriented, many pieces get hung on a wall or grace a mantle or coffee table."

Weeden went on to tell us that it was Douglas College staff who contacted her first about doing an exhibit ("I suspect in conjunction with the... Ceramic Symposium." Weeden had been informed that this would be a two-artist event, and so after hearing a few suggestions from the staff, went on to suggest fellow artist Ron Crawford.

"We're friends and we know each other's work, and we've even shown together here locally before... at the Judy Mitchell Gallery," says Crawford. "I used to teach until I moved to the West Coast, which was about 25 years ago now. I'm a painter and a sculptor, and I've also been making a living as a stonemason—but I do have eight years of post-secondary education from [such schools as] The Banff Centre, University of Oklahoma, and University of Calgary. I've geared everything as an artist from... my education."

Like their previous exhibit together, *Clay Symposium* will feature Weeden's pottery and paintings by Crawford. Although the two are excited to

work together again, the pieces being shown aren't necessarily tied together.

"We're working independently," says Crawford. "But one of the things we have in common is that the content of what we do comes out of landscapes... and we both use patterns as well."

Crawford's portion of the exhibit will, again, focus on his paintings. This particular selection of paintings comes from a series inspired by landscapes Crawford says he has worked on for the past four years.

"I've got about 30 paintings going in [to the upcoming show]," says Crawford, "including 13 new pieces which have never been shown before, and they're a variety of sizes from small to big. They generally go together around a series called *Fictional Landscapes*, which I am now just finishing."

As for Weeden: "The upcoming show includes my most recent work with colour. "Up until now, my decoration had been achieved with natural clay materials that came to me directly from mines or fields. The underglazes that I have started using recently, although still coloured with

natural oxides, have been modified and refined so that they can all be fired at the same temperature range. There are also many slip-carved and terra sigillata pieces, resulting in black silhouette designs on a terracotta-coloured background. "I hope that people will see that there are no 'happy accidents' in my work. Each piece is thought out from beginning to end. For me, it's a failure if [my work] doesn't turn out as I envisioned."

Crawford closed out his portion of the interview with some mental notes for students who will be viewing his work: "I'm not interested in painting a picture of the beach, [but I am] interested in how the beach physically changes the landscape itself, how it makes forms and shapes the rocks. Ultimately what I'd like is to have people see... my work in the landscapes around them, walking on a beach or something."

Clay Symposium will be here until April 12, but if you're interested in seeing more of Weeden (<http://judyweeden.com>) and Crawford's (<http://ronalddtcrawford.com>) works, check out their websites!

Aroo! Spartan

Why train more than your brain?

By **Monica Rolinski**, Contributor

I scraped the caked Cheese Pleasers’ flavour off my fingers with my teeth and looked down at my white sweater covered with orange crumbs. Somewhere in the back of my mind I knew I would be in trouble if I kept this up. I had gotten in the habit of grabbing quick, easy-to-make food and just ripping the bag open. It was a fun way to eat, but the Spartan Race was coming up in about

three months and it seemed like my goal was to get as out-of-shape as possible—or rather, that was the opposite of my original goal: to get physically prepared for the Spartan Race, a gruelling obstacle course which, according to their website, could contain “fire, mud, water, barbed wire, and occasionally Hell on Earth.”

But tell that to the snack companies and the producers and writers of all those great shows and movies! Once the remote’s in my hand, I’m history. I had to find a way back to my original goal. I needed help. So I started talking to people on campus. I met some truly inspiring fellow students, asked what folks were up

to, and ended up joining the Douglas College Outdoors Club. The Spartan enthusiasts within the club are a small group, but we’re growing. Now it’s not just about me, which can be very motivating. What’s worse than letting yourself down? Letting someone else down!

I quit smoking eight months ago. The Spartan Race was my incentive. The race is the kind of reward you have to do some serious training for; where you have to sign a waiver before you can even start, and you need to be in the best health possible. I may be strange, but I’m not alone: the first Spartan Race event was in 2010 where 500 people participated. In 2012 the number of people grew to

250,000 in 34 race events. This year the expected participation is 500,000 with 60 events. Don’t you want to be part of that? I do! Aroo!

The races are held in the US, Canada, and the United Kingdom. Think about it: every day, someone in one of these countries is doing burpees in their living room or carrying a big rock up a hill behind their house. One of the most popular aspects of a Spartan Race is that groups train together and race together. Camaraderie is the new cool. And with 2.5 million Facebook likes, being cool is easy.

Signing up for an obstacle race is motivating. If it were up to me, I’d never get off the

couch again. Well, maybe I’d make it to school but I’d be stumbling down the hall in a sugar-induced stupor with food stuck to my sweater and candy bar wrappers falling out of my pockets—which isn’t the worst thing in the world, unless you’re like me and you want to run, jump, climb, and train. And if that’s what you love, there’s still time to get ready for the race! There’s one in North Vancouver on June 1. Check it out online at <http://www.spartanrace.com/> and get inspired. You can check out the Douglas Outdoors Club if you want to train and race as part of a group or you can sign up as a single. Either way, we hope to see you there.

A tough choice to swallow

Are vegans allowed to ingest semen?

By **Jacey Gibb**, Assistant Editor

Sometime during the last few years, the number of friends I have who are vegetarian/vegan eclipsed the number of friends who aren’t. I’ve encountered a whole encyclopedia of reasons why people make the change: dietary restrictions, concerns about the sustainability of the current food pyramid, worries over ethical treatment of animals, or even as simple as their love interest of the week happens to not eat meat. Whatever the reason, a conversion to veganism involves the introduction of limitations to a person’s eating habits. And while some of these changes make very little impact on a person’s life (tofu not chicken, almond milk not cow milk, etc.), an often overlooked argument exists over whether or not the time-honoured tradition of ingesting semen comes into conflict with the animal-free lifestyle. And so it was that one of life’s great questions emerged: can vegans swallow?

Now, let’s take a moment to ask our good friend, the *Oxford Canadian Dictionary*, to help us out here. By definition, a vegan is “a person who does not eat or use animal products.” If we’re counting

on the dictionary to help settle the debate—though it’s not necessarily a case-closing piece of evidence—we’re looking at an even stickier situation. I can already hear the rumblings of a “are humans animals” debate brewing, which isn’t a topic I’d like to get into right now (Side note: they totally are. Get off your hierarchal highchair, folks). In order to avoid the risk of diluting the debate with another issue, I chose to disregard the dictionary and go to the next best source: actual vegans.

Asking the question of whether vegans can swallow or not, to be brief, elicited a variety of responses. They ranged in seriousness, from thoughtful and attentive answers to simple quips like “But vegans don’t get laid.” Unfortunately, the more humorous the retort, the less useful it was in helping me to answer my question.

Journalistic difficulties aside, what was the general response that I received? Worth noting is that every non-vegan I surveyed declared that vegans are not allowed to swallow, if only on a technicality. All of the vegans I spoke to said the opposite, and that veganism isn’t a lifestyle based on technicalities, but one based on ethics.

“I don’t know how anyone could think that,” one vegan responded, frustrated when I told him that most people think vegans can’t swallow. “I’ve heard people bring it up before

as a ‘fuck you’ in a conversation. Veganism isn’t about following a strict definition; it’s about following the mold behind it. If you boil anything down to the definition, you’re not doing it for the right reason.”

One vegetarian I spoke to was strongly in favour of vegans being allowed to swallow, based on the absence of any harm being done to animals. “My issue’s with animals being abused. The animal’s not being abused; it’s actually pretty happy.”

Even Makayla Cox, a vegetarian adult-film star from Vancouver who’s flirting with the idea of switching to veganism, supported a vegan’s right to swallow—though she’d never thought about how the transition might affect someone in her field of work. As far as Cox knew, it had never been an issue. “I know some girls don’t, but that might be a comfort thing. In porn, they can’t tell you what you’re comfortable with and what you’re not. I guess it might cost you a job or two though.”

After interviewing everyone from porn stars to my own mother, I’ve come to the conclusion that the topic is both more complicated than I initially thought, but also a lot simpler. The ethos behind veganism isn’t that you’re avoiding animal products at all costs; it’s about pursuing a more ethical lifestyle, which includes ethical treatment of animals.



Photo courtesy of belloshitty (Flickr)

If you’re a vegan looking for a definitive answer to this question, ask yourself: is the guy being subjected to unethical treatment or some kind of abuse

prior to the situation? If not, then you should feel free to consume as much protein shake as you please.

Nothing in life is permanent

The rise and fall of the male perm

By Elliot Chan, Staff Writer

The decision to get a perm was not spontaneous. It wasn't like I got drunk one night and woke up with curly hair. No, I discussed it with friends and family and contemplated it alone for hours. I was feeling adventurous. Changing my hairstyle was not like bungee jumping or public speaking, but it still took a lot of courage.

short and slicked it back with gel. I never saw him with a perm again. My father was far from a pioneer, but I thought I could surely bring the fashion back.

"I want it anyways," I told my barber, "I want a perm."

The barber gave a humorous yet disgruntled sigh and sat me down, gave my seat three quick pumps to find the perfect working level, and got to it. Six customers crept into the shop during the course of my transformation. The barber greeted them and gave an estimated time of finishing my do. Some waited patiently, while others left. All the while, I sat there staring at myself in

Mexican for a while. My perm was a pleasant departure from the norm. I embraced it, despite the occasional mockery and self-consciousness.

It took four months for my hair to grow out of the curls. Before I knew it, I was myself again, or someone who resembled the person I once was. I combed my fingers through my flat hair; it just wasn't the same. I thought about trying it again and even suggested it to others, saying things like, "If you do it, I'll do it." But the days of male perms are gone, like cassette tapes and floppy disks.

Men today would rather take a more masculine approach

“I want it anyways,” I told my barber, “I want a perm.”

I remember approaching my long-time barber and inquiring about a perm. He looked at me with a smile. "No," he said, "Men don't get perms anymore." That took me a little by surprise, but then I thought about my father. For most of my childhood, he had big curly hair. I'll even go ahead and call it an afro. It was not natural; Chinese men like my dad usually have straight thin hair. I still remember sitting in the barbershop watching him with curlers on his head. He looked like my grandma, but I didn't think much more about it. Then one day he cut his hair

the mirror and glancing over at the small audience. They were looking at their phones or reading magazines, but I could feel them quietly snickering at me. What have I done? I thought to myself. But it was too late — the curlers were in.

I really liked the way my hair turned out. Sure, it took a while to get used to, but I didn't look half bad. For once in my life, my ethnicity was ambiguous. Being used to a life with a label like "Chan," I didn't mind people assuming I was Filipino, Korean, and even

to hairstyles: bangs, fohawks, or words shaved into their undercut. That is the current trend, and most people feel that it's easier just to follow the pack.

Sometimes hair can feel like a nuisance, but it shouldn't be. Hair should be a canvas for our own personal exploration and how others perceive us. Blonde to brunette, ponytail to cornrows, long bangs to bald—why not? There are so many things in life that are permanent, and hair isn't one of them. So take a chance and be adventurous.



Between the Sheets: Enthusiastic consent, think 'yes means yes'

By Viv Steele, Consenting Adult

Like most people, I do all my deep thinking while lying on a table with an esthetician between my legs, violently ripping hair from my nether region. There must be something about intermittent jolts of pain that really gets those brain-juices going. And I'll be honest; it had been a very long time since my last wax. We're talking years. Back at square one, I had some Brazilian beginner questions for my frank and hilarious waxing girl—specifically, "How soon after my wax can I get back to getting busy?"

Turns out my question was a fairly common one. I suppose it makes sense that people who get their pubes painfully removed on the

regular tend to be sexually active. My esthetician told me what she tells all her clients, which is that you usually can have sex the same day that you get waxed. If you're sore, take an Advil, or wait a day. And then she said something that really stuck with me, so much that I'm taking a departure into autobiography territory to relay this information to you. She said, "If you're having sex and it hurts, just stop."

"Just stop." That phrase hung in the air because of how many times I've felt like stopping but didn't. It spoke to all the times that I got sore but kept going anyway because I'm nice, or it was easier than extracting myself from the situation, or I felt I owed it to my partner.

Enter the concept of

"enthusiastic consent," or the idea that we need to move away from a "no means no" model and towards a "yes means yes" way of thinking. Sex education website Scarleteen.com defines consent as "an active process of willingly and freely choosing to participate in sex of any kind with someone else, and a shared responsibility for everyone engaging in, or who wants to engage in, any kind of sexual interaction with someone."

That definition strikes me as a lot more complex than "Well, they didn't say no!" And it's a little wordy, so let's unpack it a bit. Consent is active. That means it's constantly changing; consent can be removed at any time during sex. You and your partner need to foster clear communication in order to facilitate potential changes to

the game. It's important to feel comfortable putting the brakes on lovemaking, and sometimes that means developing a deeper bond with your partner before becoming sexually intimate. You should feel comfortable talking openly and freely about sex, about what is working for you and what isn't. And if you're experiencing pain—like a post-waxing vulva tenderness—you should feel no pressure from your partner to go through with it anyway.

It's okay to "Just stop." I know this and you know this, but sometimes it needs repeating. Your partner should respect your limitations and you need to respect theirs. You can say "I don't like it when you do that," you can say "I'm sorry, I've changed my mind," and you can say all of this right in

the moment. Sex blogger Julie Gillis at TheFrisky.com wonders, "When is this sex supposed to be discussed? ...Why do we wait until the very last minute to get the details set?"

Gillis thinks it might be easier if we discuss sexcapades well in advance of the deed, like planning a party or a dinner out. I agree—sex positive planning is a good ideal to aspire to, but sometimes life doesn't work out in a perfectly planned way. Until we reach that place, while sex is still sometimes a furtive fumble in the back of a car, consent needs to be an open, continuous discussion. The "yes" you say at the beginning doesn't have to apply to every subsequent sexual act.

The face of intimidation

Could that social butterfly be a social bully?

By **Leslie Ste. Marie**,
Contributor

The classroom buzzes with students readying for lecture to start. They unload backpacks, commiserate about homework, and rush through sandwiches cased inW plastic triangles or brown Timmy's bags. On one side of the room, three girls talk and laugh, one with exaggerated enthusiasm, as if to emphasize how fun and popular she is. In the middle of the room sits a girl, eyes red from crying, quietly working on an assignment.

Most people wouldn't notice these unremarkable signs, or let alone see them as evidence of a bullying incident from moments before. There are no bloodied noses, and there was no spectacle like those on *The Simpsons*, where Nelson

more prone to bullying weaker kids they hardly know, female bullies go after their closest relationships. Often referred to as relational aggression or social bullying, the perpetrator is usually charming and popular, and uses rumors, gossip, verbal taunts, and shunning to systematically isolate her selected targets and effectively exclude them from groups and activities.

The social bully is difficult to hold accountable because there is often no evidence of the underhanded tactics used, intensifying damage to the victim. Angela, a part-time student in her 30s, says she recently endured prolonged bouts of silence from a neighbour she had been close friends with. "I was devastated. But I guess if I think about it, there were signs early on," she admits.

Angela says. Like her need to be right all the time, her poor-me attitude, and the moodiness that kept others walking on egg shells.

Angela suffered her neighbour's hot and cold spells for years, and considered moving at one point. "I was stressed every day, wondering which one I'd run into: Jekyll or Hyde." Angela says she felt powerless over the situation, unable to change the outcome, and alienated from other neighbours who were under her aggressor's charming spell.

Survivors of bullying suffer significant collateral damage, such as lowered self-esteem, anxiety, insomnia, difficulty trusting others, and in some cases, symptoms of post-traumatic stress disorder. Although it may be possible to reason with some bullies, many feel justified in their behaviour

something you have to take," says Wrench, noting that everything said to a counsellor is totally confidential.

Bullying situations typically involve more than the bully and the victim. They also involve bystanders, those who watch bullying happen or hear about it. Bystanders play a powerful role; depending on how they respond, they can either contribute to the problem or the solution. Bystanders rarely play a completely neutral role, although they may think they do. "It would have made such a difference if another neighbour or someone in her family had reached out," says Angela.

Aside from harmful bystanders who encourage or join in on the hurtful behaviour, many people passively accept bullying by doing nothing. Without realizing it, they

“*Aside from harmful bystanders who encourage or join in on the hurtful behaviour, many people passively accept bullying by doing nothing. Without realizing it, they contribute to the problem by providing an audience or silent acceptance that allows bullies to continue their behaviour.*”

Muntz bellows "Ha-ha!" after pummeling a Springfield kid.

Bullying comes in many forms, and while males are more likely to use physical aggression to exert power over a victim, females are more prone to using subtle, covert tactics to do the same.

For years, psychologists who've studied aggression looked only at the physical and overt manifestations, concluding that girls were less aggressive than boys. The consensus began to change in the early '90s, after a team of Finnish researchers started interviewing preteen girls about their behaviour towards one another. The team's conclusion was that girls were, in fact, just as aggressive as boys—though the actions manifest in a different way.

The goals of bullying are the same for both sexes: to gain social status and boost self-esteem. While boys are

Angela says her aggressor made herself the hub of the block by helping with neighbour's kids and giving gifts, like books and baked goods. "I think her generosity caused people to give her the benefit of the doubt when there were incidents, or they felt indebted to her." Angela says the most severe incidents were reserved for those closest to her. "Her family and I got the worst of it. She tried to keep a mask on for the rest of the world."

The two families—Angela's and her aggressor's—had been close for years. "We spent a lot of time with them and celebrated Christmas and most occasions together. We were the only ones she trusted to babysit her son when he was a toddler."

That controlling nature is one of the signs Angela wishes she'd heeded, "I just thought she was a bit of a control freak. I didn't know it would escalate." But there were other signs, too,

and are unlikely to admit wrong-doing or back down—particularly social bullies, who are skilled at turning the tables to make themselves out as the victim.

Andria Wrench, a student counsellor at Douglas College, points out that people may not even realize they're being bullied. "There may be an intuitive feeling that something is wrong, that you're not being treated fairly," she says. A victim may endure a few incidents thinking the offender is simply irritable or has been set off by some circumstance, not recognizing that the behaviour will likely persist.

When intimidation continues, and even worsens, it isn't likely to stop without intervention. Wrench suggests talking to a counsellor, or someone you trust, sooner rather than later. "We're here to support students and explore options. Bullying isn't

contribute to the problem by providing an audience or silent acceptance that allows bullies to continue their behaviour. According to a study published in the Canadian Journal of School Psychology, in over half of the cases, schoolyard bullying stops within 10 seconds of a bystander stepping in to help.

Bullying is an abuse of power and it happens in homes, schools, neighbourhoods, churches, care facilities, workplaces, and everywhere else where people interact. The power can come from a position—like being a boss, a police officer, or the hub of the neighbourhood, in Angela's scenario. Bullying will continue to leave a mark on society as long as people entrusted with any type of power misuse it, and as long as bystanders choose to look away.

Resources:

Douglas College Counseling Services

(for scheduled and drop-in appointments)

www.douglas.bc.ca/services/counselling/contact.html

Kids Help Phone

(for ages 20 & under)
1-800-668-6868

www.kidshelpphone.ca/Teens/InfoBooth/Bullying.aspx

WorkSafeBC

(resources for workplace bullying)

www2.worksafebc.com/Topics/Violence/Resources-BullyingAndHarassment.asp

Red Cross RespectED: Violence & Abuse Prevention

www.redcross.ca/respected



Style Roundup February 25 - March 3

Your bi-weekly dose of sartorial snippets

By **Savis Irandoost**, Contributor & **Sophie Isbister**, Life & Style Editor

This week on Style Roundup, Sophie and Savis look at timeless trends and up-and-coming infatuations. From bold brows to ombre hair, city shorts to stiletto nails, Style Roundup has you covered for your spring fashion fling.

Big girl pants.

If my allergies are any indication, spring is on its way. Along with it, women of the world (or at least the Northern hemisphere), are already thinking of stylish ways to lose those bulky winter layers. And that's where city shorts come in—these loose-fitting, cropped pants, usually found in crisp fabrics and bright colours, are the perfect article of clothing to shift your wardrobe into nice-weather mode. City shorts range in length from just above the knee to just below, sort of like what would happen if shorts and capris had a baby and that baby was aggressively casual. Look for this fashion trend in block prints and expect to see it manifest in bold, funky florals. From brunching to biking, this look works for whatever the season throws your way. – **Sophie**

Excuse me, ombre.

The latest trend in tresses is ombre hair, also known as balayage. Ombre is a gradual colour fadeout typically starting in the middle of your mane. This style looks best with long locks to show off the contrast of colours. It's the ultimate sassy, beachy, and effortless look. It mostly presents itself as brunette hair with blonde tips, although many people also gloss the tips of their blonde hair blue or pink. Celebrities like Drew Barrymore and Rachel Bilson have been rocking this look for years. If you take a quick browse through Google, you'll find whole blogs devoted to this fad. When I peekaboo'd my hair blonde a couple years ago, I dyed it back to black and then it faded, creating an ombre effect. I still get compliments on it. This trend

gets my seal of approval, even if it started with lazy people growing out their roots. –**Savis**

Attack of the big cats.

Filed under "Things I wish hadn't happened," stiletto nails are the new manicure trend currently saturating the Instagrams and Tumblrs of fashionistas everywhere. But what's the appeal of these claw-like, extra-long, pointed fake tips? What's wrong with a classic French square tip? And why do women seem to go for this look in dark and deadly colours like black and deep brown? It leads me to believe that proponents of this style want to look like wild animals, which I suppose could work with an always-stylish leopard print cardigan for a look straight out of the safari. As with anything that makes me do a double take, stiletto nails grow on me the more I look at them, especially when shown in muted neutrals or pastels—demure colours allow for a sweet contrast with the brutal shape of the nail, creating a unique statement. –**Sophie**

Here-to-stay makeup looks.

According to runways across the globe, these looks are here to stay. In order of importance: bold brows, fresh face, loud mouth, bright colours, and extreme eyeliner. One of my closest girlfriends has these bold, dark, bushy brows on a mission and let me tell you, she gets flattery on the regular. These brows say: I'm here, I'm confident, and you can't handle me. Next on the list is the notorious fresh face, finally getting the respect it deserves. We're talking clean skin, light flush of blush, and a splash of mascara. Critics can't get enough of this look. It accentuates the natural beauty mama gave you. Loud lips are a personal favourite of mine. It's so hot it completely makes a look. Invest in some good quality bright lips and I promise that you won't regret it. Don't be afraid to play up the brightest makeup you can get your hands on this year. It's been on the runway for decades and I think the general public is finally starting to pull it off. It's fun, flirty, and youthful. And finally, the extreme eyeliner continues to sweep catwalks worldwide. This look is permanent. We all love to make our eyes pop! –**Savis**



Drew Barrymore showing off her Ambre hair | Photo courtesy of www.theconfessionsofaproductjunkie.com



Stiletto nails | Photo courtesy www.toomanygrandmas.com

Lenten retreat

Pope Benedict resigns

By Eric Wilkins, Staff Writer

As a teen in high school, I was on the verge of converting to Catholicism. I would pray morning and night, before meals, and sometimes just because I felt like it. I'd study readings thoroughly and memorize Catechism questions like there was no tomorrow. But in spite of my strong feelings for the faith, there were always some things that tripped me up: Holy Eucharist was probably the main one, but one of my more difficult struggles was deciding just what was appropriate to give up for Lent. What was too much? What was too little? It's a good thing that I'm no longer at that stage, because the bar was just set excessively high when Benedict XVI gave up being the Pope for Lent.

Admittedly, that last line is a stretch at best, but it's just as absurd as the reality. Popes just don't step down. It's simply not done. Being Pope has always been viewed like marriage: "till death do us part." In this marriage, however, the ideal is supposed

to be upheld and divorce isn't really an option. To emphasize that point, the last Pope to resign was Gregory XII almost 600 years ago in 1415. Gregory XII's resignation was entirely different from Benedict XVI's, though, since there were two anti-Popes at the time in addition to Gregory XII and all three needed to give up their positions in order for the Church to move forward. Before that, there were eight (there's some disagreement over this number, but the figure is anywhere from four to 10) other Popes who left the papacy, but again, there were very different circumstances that necessitated their resignations including persecution, exile, and corruption.

Coming back to Benedict XVI himself, there are endless rumours swirling about why he's throwing in the towel. Some suggest that there is an arrest warrant waiting for him due to the child rape atrocities. Others say that a recent report about homosexual affairs and fraud in the Vatican is what is driving Benedict XVI out. There are endless variations on these stories, but none of them are complimentary in the least. The Pope is consistently painted as a man running from



Pope Benedict XVI leads his last Angelus prayer at the Vatican | Photo courtesy of Osservatore Romano/ Reuters

his troubles. While there may be some truth to this, one must keep in mind that the world has a penchant for picking on Catholicism. With a history rich in scandal and corruption, the Church hasn't exactly helped its case; nevertheless, when almost 20 per cent of the world is Catholic, the odds are quite good that there are more than a few bad apples in there,

and there's only so much one can do about it.

With that in mind, in Benedict XVI's own (translated) words, he's relinquishing the papacy because, "After having repeatedly examined my conscience before God, I have come to the certainty that my strengths, due to an advanced age, are no longer suited to

an adequate exercise of the Petrine ministry." When I first read his reason, I almost wished that some of the hearsay was true. Hanging it up because he doesn't think he's strong enough? Popes usually *die* on the job. Unless Benedict XVI passes away in the very near future, his excuse will look flimsy indeed.

Shaken by the shake

Is the 'Harlem Shake' the worst viral trend to date?

By Keating Smith, Staff Writer

Let's go back to this time last year and revisit the viral trend that everyone was sharing. Before "Gangnam Style" and Kony 2012, it was the *Shit* — Say fad. Remember this? Thousands of videos teasing anyone and anything for their words and actions flooded the Internet in short two to three-minute videos. Some of them were done extremely well, and others not so much. It's fair to judge these now ancient videos as being quite humorous, despite the production and

editing—or lack thereof—because the trend was so diverse in the ways in which it was presented to us, the viewers.

Here we are, 12 months later, and the same sort of viral trend has arisen on the Internet—only this time it's known as the *Harlem Shake*. In case you live under a rock, several teenagers in Australia under the YouTube user name TheSunnyCoastSkate originally uploaded the video on February 2; their video has received nearly 15 million views to date. This sparked a worldwide phenomenon, with over 12 thousand videos uploaded and 44 million views to date, each re-enacting the 30-second video using the same sound clip from DJ and Producer Baauer's track, "Harlem Shake."

But the characteristics of

the *Harlem Shake* videos that place them on a lesser scale when compared to others is the lack of creativity: two cuts of video are divided by a change in the beat of the song halfway through, with people going from lethargy or normality to crazy pumping, humping, and dancing nonsense. If I wanted to see this, I would go to a frat house party, instead. When comparing the *Harlem Shake* to, say, "Gangnam Style," I would give Psy the credit of creating a catchy song anyone could have fun with—including your grandparents and the thousands who re-enacted the video, and who spent time planning out a video lasting more than 30 seconds.

Filmmaker Chris McGuire traveled to Harlem to ask residents of the Manhattan

neighborhood their thoughts of the video. Most of them had never seen the video until it was played for them while being interviewed. The majority agreed that it's not the actual Harlem Shake, and found associating the name of the original dance move with the video to be disgraceful.

"This would be another vehicle for America to take off on and make money on, and I'm sure there will be some corporate person somewhere that's gonna capitalize on this by putting money into it, and it's going to take off," said one man who was interviewed.

While the Harlem Shake that residents performed for McGuire's camera doesn't look entirely different from what is being repeated across the world, one thing residents advocated

against was associating pseudo actions of homosexuality with the name Harlem Shake. Finally, judging by the thousands of comments on YouTube and other message boards, the overall reaction to our latest and greatest viral trend is negative.

Have we become so overwhelmed with videos on the Internet that we can now only stand to watch something less than a minute in duration? Have our attention spans shortened to the point where investing our time in watching something that took time and planning has no more value than a bunch of people acting out their innermost ADHD feelings for the world to see? If this is the case, then the future of viral videos might just be an embarrassing portrayal of humanity and our creative side.

School of Thought: Addressing stress

By **Natalie Serafini**,
Opinions Editor

It's the second half of the semester, with students having recently returned from the study break, and we're all decidedly unrefreshed. The break either allows for leisure time, or opens the door to midterm studying and essay writing—depending on your interpretation—and it's left many students shuffling back to classes in despondence.

A book recently released by Dr. David Posen, *Is Work Killing You? A Doctor's Prescription for Treating Workplace Stress*, argues that stress is contributing to burnout and low-productivity, as well as bad health. College and university students are certainly feeling the burnout, but how's their health? And how well are students dealing with stress?

For **Alena Bailey**, the pressure is in the balance of work and school. "I think work is more stressful than school for me because I'm only taking three classes. So having the time to do my schoolwork and then go to work is more stressful for me," she said.

When asked how her workload influences her health, **Bailey** said, "When I have to work a certain amount of hours and then I have to come home and do homework for a certain amount of hours, I don't really sleep or I don't eat."

In terms of her health, **Deepinder Kaur** said that her stress sometimes causes her

to make less healthy choices, stating that "I eat more when I'm stressed."

Jasveen Kaur felt that her study habits were partly to blame for her taxing workload, stating that "I don't know if it's stressful, I guess we make it stressful."

Asked about her workload, **Gurpinder Gaidu** said "I guess it depends if you have a job or not, or priorities at home. I have responsibilities as an older sister, but other than that I don't work, so my stress load is average."

Catherine Torguro said that her high expectations for herself were "the most stressful" in terms of her strain level.

International students had an interesting perspective to lend in terms of pressure. One student, **Singh**, juggles work and school because "I am an international student here and that's a big deal because we have to pay about three times more than the fees of domestic students. That's why I have to work—if I don't want to work, I can't pay my fees."

Singh also has to ensure that he gets good grades, stating "If I don't get good marks, I have to do the course again, and the fee of one course is \$1,500, and I have to pay again and again. That's why I have to study."

My own stress level is perhaps not as bad as many other people's, and it would be much more manageable if I didn't procrastinate so much. I'm technically a part-time student with three classes, I



Photo courtesy of bottled_void (Flickr)

juggle the equivalent of two jobs with my responsibilities for *The Other Press* and other media, and I attempt to maintain a social life. It's definitely not the amount of work that I have, though, but the way that I manage my time. If I was to cut back on a few of the hours a day spent mindlessly staring at a screen, I'd likely have plenty of time to study and work.

But as much as my—and

I'm sure many other students'—study habits aren't the most ideal, there's something to be said for the amount of work expected of college and university students. Many students balance school and homework with a job and social life, and if anything's going to fall to the wayside, it will likely be health. The "freshman fifteen" is a hallmark of the college student's scale, buying

healthy food on the cheap is always difficult, and binge drinking isn't the stuff health dreams are made of. There are a lot of expectations to meet, and well-being will often be ignored, but it's something all of us need to address; although being busy and still healthy is something most of us will probably struggle with for years, it's definitely a worthy endeavour.

Don't let trolls trip you up

*Engaging in online
debate is unproductive*

By **Aidan Mouellic**, Contributor

The older we get, the more aware we become of what goes on around us. We discover politics, sex, religion, drugs, sickness, and health. We also develop our own views on these topics. These views influence the directions we take in life, and are also the topics that polarize people the most.

Canadian society allows people to believe anything they want. If you want to, you can

believe you're a tree or a table, and that's okay. You might be certified, but you have the right to believe anything. Oftentimes though, beliefs pull people apart.

I hope you have found a cause in your life that you believe is worth fighting for. Having direction makes life more meaningful, and also makes you feel good about contributing to an area in society that you think needs work. Inevitably, you will encounter people who disagree with what you believe in, and who hold extreme views. These people who clash with your views go by a lot of names: trolls, extremists, assholes, and other more poignant terms. For the

sake of sounding dignified, I will just call them outliers. Outliers are the ones whose views you find completely ridiculous. Chances are you have weeded out these individuals from your group of close friends, but you might find these outliers at work, in the media, in your class, or more likely, on the Internet.

The drivel that they spew makes you angry that people could hold such asinine beliefs, and you end up spending a large portion of your time engaging with the outliers in hopes of making them realize that they are completely wrong and that they are harming society with their backwards way of thought. Stop this now.

The shock and rage that these individuals trigger within you makes it difficult to turn away from their comments, but engaging them will not change anything. The ones who hold far out beliefs have been developing these notions for a long time, and one late night debate on Reddit likely won't change their mindset. All you accomplish by having an intellectual war online is wasting time that could be spent productively furthering your cause.

You will create bigger changes in society if you focus on the big picture. As cliché as that sounds, it's true. Change the way a crowd thinks, and more people will join the crowd; change the way one person

thinks and the impact is smaller. It's more effective to go after a larger audience instead of the outliers who are the most difficult to change. But hey, if you want to try turning Glenn Beck into a staunch liberal, good luck!

It is easy to get distracted and discouraged by people who do not share your beliefs, but remember your goals and stick to them. The radical outliers will always be around, and if you want to be successful, you need to learn how to not be affected by them—learn to brush them away. Or you can just repeat to yourself, "Do not feed the trolls."

I solemnly swear

*Cursing in front of kids
shouldn't be verboten*

By **Natalie Serafini**,
Opinions Editor

When I first met my nephew, there were a lot of things I worried about. I worried that I would drop the precious bundle, because I had no idea how to hold a baby. I worried that I was secreting a pheromone, popularly known as “Inexplicably Prompts Babies to Cry Unconsolably.” More than these entirely rational concerns, though, I was especially worried that I would slip-up and drop an F-bomb in front of my infant nephew.

So I confess, I worry about swearing in front of kids. Yet, I can't think of a reason why the cleanliness of my speech should be so much of a concern in the presence of children. What are we trying to protect? Perhaps because of the innocence, which children are an abundant fountain of. It would explain Santa Claus, and the universal understanding that nothing may pierce, stab, or crush the delicate exoskeleton of that dream.

Let's assume it's innocence that we're preserving when we swap in “fudge” and “sherbet”; hearing swear words doesn't tear the child out of childhood and set them on the path towards a hard knock life. Kids aren't born with an innate understanding of what those



Vince Vaughn in *Old School*

words mean, so uttering a few choice syllables isn't going to open a veritable Pandora's box of hardship, and it likely won't give them a bad case of Tourette Syndrome. It's difficult to see how the utterance of a few words would mar a child's innocence, so I'm hesitant to give that explanation full credibility.

Instead, perhaps the concern is in ensuring that the child's vocabulary is suitably broad. It wouldn't be good if the child were to use swear words to describe everything, or peppered every sentence with

curses. But when a child learns a new word, do they apply it to every single situation and sentence? I'm sure some kids do, but it's not guaranteed that an obscenity will become their new favourite word—especially if parents calm down and stop worrying about their kids getting overly attached to a swear word. Kids frequently only become fascinated by things that carry mystique, or are taboo. If one doesn't assign impropriety and illicitness to the words, the child will likely forget that they even heard it. They're gems like that.

And if the concern is with expanding the child's vocabulary, the easy solution to that is to expand your own vocabulary, and not swear in every sentence. That doesn't mean never swearing—sometimes “fudge” or “sherbet” don't quite address the enormity of a situation—but choosing to be strategic and effective.

There are certain things kids should be protected from. Polio, murderers, drugs/alcohol/cigarettes: life- and quality of life-threatening forces that go under the parenting guidelines as “to avoid.” Language is not

one of the things kids should be protected from. Language is powerful, and rather than ignoring the existence of words, maybe it's better to teach kids to understand their significance. There will be a few rogue rascals walking around the grocery store shouting their favourite new curses, but generally speaking, the kids won't care about their new-found knowledge. Parents should be teaching their kids to have an arsenal of words at their disposal, even if that means emphasizing the sparse use of some words.

Mad men

*What are you
advertising for?*

By **Grant Crossley**, Contributor

A couple of days ago, I was looking at the dirt on my car and thinking it needs a good washing. Then I took a closer look at my licence plate and realized that all this time—30-thousand kilometres and two years later—I've been in the advertising business for a car company.

The problem is that I haven't been getting paid

for this! Last year I took Introduction to Marketing, and one principle that came up was, that “Nothing is free.” So then why am I advertising for free?

I contacted the car company and asked them what my compensation would be, and they said I could bring the car to them and they would remove the decal and licence plate holder. They not only don't want to pay me for my advertising work, but they want me to drive to them so they can remove it. Am I being that unreasonable? I think the car companies are taking us all for suckers.

I've even considered going

down to the dealership and asking them to put my company name somewhere on their building. I know the reaction I would probably get is a laugh and a smile, but I'm serious. Why can they advertise on my car for free and get away with it?

I posted a comment on their Facebook page to bring attention to this matter and inform other “advertisers” out there that they should be getting paid for their services. I checked my post, and I've already influenced one person; will you be next? It's a cruel world, and like I said before, nothing is free. Capitalism at its finest!

I recall when I bought a car a couple years ago and asked them to take off the sticker—I was younger and not in university. The salesman said to me, “I don't think the owner would like that.” Today I would say, “You're damn right, the owner (me) doesn't like it, and the deal is off until it gets removed.” Either that or I would say that until those advertisements come off, I get \$100 off the final price.

In my current situation, like a good salesperson, I countered the car company's offer to remove the decal and licence plate holder with an offer of my own: new tires and a \$200 gift

card. No word on what they will do at the time of the deadline.

Now the question is, what do I put on my résumé?

Marketing Specialist, 2009 – Present:

- Increased sales of the car brand
- Marketed in key segments, including schools and recreational centres
- Drove brand recognition
- Kept the business strong during The Great Recession

Henrik versus Linden

Will there ever be a new Captain Canuck?

By Elliot Chan, Staff Writer

On February 15, in a game against the Dallas Stars, Henrik Sedin surpassed Markus Naslund's franchise record in points scored with 757. Although the Canucks eventually lost the game 4–3, it did not spoil the debate concerning the greatest Canuck of all time.

Among fans, there is no argument: Trevor Linden is still the idol in Vancouver. But realistically, what can Sedin do to over take him? The answer is simple: win a championship. The only way for any player to step out from Linden's shadow is to reflect the light with the Stanley Cup. Then again, Sedin has done everything Linden

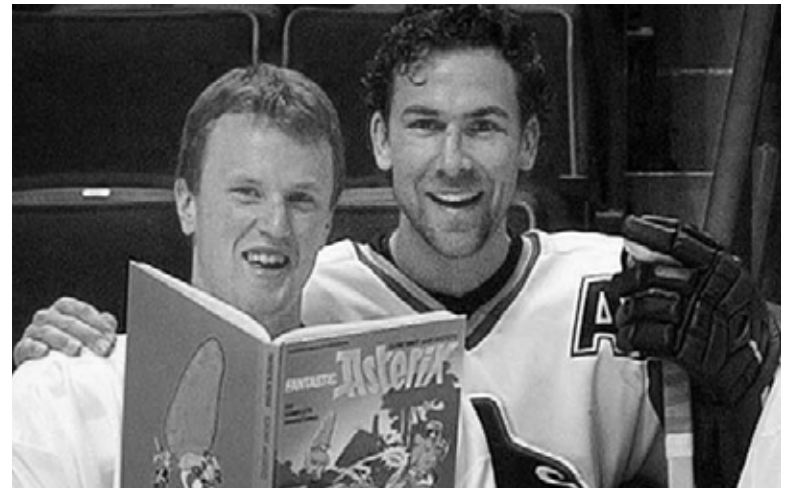
did in less games played. Statistically, the only major area that Linden has the upper hand in is goals scored. Henrik is a playmaker, though he did show off his abilities to score in 2010 when his brother, Daniel went down with a leg injury. So, is it really so unfair to have this discussion?

Sedin has won the Art Ross and the Hart Memorial trophy, and led the Canucks to the Stanley Cup finals. But the term "led" is used loosely, because he has a notorious reputation of not showing up during pressure games. For most, it doesn't matter what players do in the regular season, great players must bring their skills to do-or-die situations. Great players are clutch players. Unfortunately, Linden falls into the same category as Sedin. Both captained losing teams in the Stanley Cup Finals. The mirroring post-season experiences keep them on par

with each other.

Besides coping with heartbreaking losses and being top draft picks, Sedin and Linden don't have much in common. Sedin is Swedish, where as Linden is Canadian. I can't speak for everyone, but in an international game where Canada is playing against the Swedes, it is a little difficult to cheer against Sedin. It plays a big part in Vancouver fans' psyches. As shallow as it sounds, the best Canuck shouldn't be a foreigner for that reason.

The other thing working against Sedin in respect of being the best Canuck is that he played most of his career with his identical twin right beside him. I've cheered them on for 13 years and still can't tell them apart. For the longest time the debate was, who's the better Sedin? They were neck and neck with points for so many years. One would pass and the other



Henrik Sedin and Trevor Linden (2002) | Photo courtesy of Mark van Manen

would score. Only recently did Henrik overtake Daniel in the race and earned recognition aside from being the other half of a scoring combination. Henrik Sedin will never be the greatest Canuck, because then what would Daniel be? They relied so heavily on each other their whole career it would be unfair to split them in such fashion.

Linden rose up the ranks, earned respect, and went through trials and adversity all on his own. That is why he is and always will be Captain Canuck to the city of Vancouver and Henrik Sedin, although he is currently wearing the "C" for captain, will always be paired up with his brother Daniel.

All-star lames

Wasted talent on a tired concept

By Eric Wilkins, Staff Writer

A few weekends ago, I was surfing the channels when I decided to tune into the NBA all-star game. I don't know what I was expecting to see, considering I'm not much of a basketball fan to begin with, but I knew I was hoping for at least *something*. I felt like I was watching baseball. Translation: bored out of my mind.

It's not just basketball though—it's all sports. All-star games are the bane of entertainment to any real fan. They're generally ridiculously high-scoring games; essentially, they're shootouts with no one even pretending to play defense. There's no effort whatsoever. It's so depressing to watch that I think I can safely work in parts of a quote from one of the furthest things from sports: Shakespeare. All-star games are "but a walking shadow" of the real thing, which would make the commentary a "tale

told by an idiot...signifying nothing."

While basketball's charade is disappointing, there are worse. For example, the NFL's Pro Bowl. Remove the physicality from a sport that is all about contact and you *barely* have a glorified flag football game. No one can honestly say that they get a rush from watching an event where even Asante Samuel could make a "tackle." Similarly, the NHL's is also a joke. It's not the alumni part of the Heritage Classic, so hit somebody! Unless the goal of the game is to try and replicate last year's Penguins-Flyers series, there shouldn't be a dozen goals for either team.

None of this is to say that sports leagues shouldn't have all-star weekends though. Skills competitions are fun for both the players and the fans. Hardest slap shot? Love it. Slam dunk competition? Can't miss it. If the Pro Bowl still had a skills showdown I'd be all over that too. They're interesting because they're different. Fans don't get to see their heroes compete like that every day.



Photo courtesy of www.basketwallpapers.com

Cutting down all-star weekends to just skills competitions would be beneficial to the fans, the players, and the leagues. The fans would get to see actual entertainment and the players would get an extra day of rest instead of having to go through the motions for a couple of hours. As for

the leagues that put on the weekends, why do they think there's an increasing trend of players passing on the "honour" of being selected to play on all-star teams? Getting rid of the game itself would increase player attendance and overall willingness to participate, and, in doing so, help the leagues' images

by not having to deal with the poor public relations generated by an icon refusing to show up.

It's not a hard concept. Just separate the wheat from the chaff and you've got a solid product. It's unlikely that leagues will ever do away with them completely, but one can always dream.



Canada's Tonya Verbeek lifts India's Geeta Geeta | Photo courtesy of Ryan Remiorz/The Canadian Press

Wrestling to get the Olympic axe?

By **Avalon Doyle**, Contributor

The International Olympic Committee (IOC) announced on February 12 that wrestling—one of the first Olympic sports—might not be included in the 2020 Olympic Games. The sport currently sits on a list with six other sports, including wakeboarding, roller sports, and squash, with only one being included for 2020.

The news has shocked the wrestling community around the world and is generating a fierce protest from athletes and non-athletes alike. No specific reason was given for why wrestling was targeted, with some saying wrestling has not done enough to show the IOC their importance to the games. Dori Yeats, a national and world champion from Montreal said, "I almost think that the IOC's decision wasn't so much to punish wrestlers as it was to cause change in the FILA organization." And already that

change has started. Just a few days after the IOC announced their decision, Raphael Martinetti resigned from his position as president of the international governing body of wrestling, FILA.

Though some people have called the decision shocking, it hasn't been without some foreshadowing. In 2000 FILA changed the rules to try and make wrestling a more spectator-friendly sport by making three, two-minute rounds instead of two, three-minute rounds. Then, in 2004—when they granted women a spot in the sport for the Olympics—the IOC made clear they weren't giving wrestling any more space; they simply eliminated two weight classes from each style of men's wrestling (freestyle and Greco-Roman) to give women four weight classes.

Danielle Lappage, a Simon Fraser University student, four time national wrestling champion, and 2010 world

champion said the decision was also partly based on popularity. "The IOC has said wrestling doesn't have enough ticket sales and television views, but meets every other criteria. It comes down to money."

So what does this decision mean for wrestling? While many of the other sports included in the Olympics have a wide following outside the games, for wrestlers, the Olympics are the ultimate goal and many fear for the future of wrestling if it is not part of the games.

"For hockey, golf, or tennis, their ultimate goal is not the Olympics. For example, hockey has the Stanley Cup, and golf has the PGA tour. For a wrestler, the Olympics are the ultimate goal. That's as far as it goes," said Lappage.

"The worst part is how sad it will be for American and Canadian kids, who maybe couldn't afford other sports, who won't be able to work towards that dream. Kids who come from Cuban and Indian

slums won't get that same chance for glory," a chance that Lappage says is unique to wrestling. "You can wrestle in the dirt. No other sport gives you that chance."

Wrestling is also a sport with a long history of unlikely countries forming bonds, despite external political turmoil. There's no clearer example of this than Russia, Iran, and the USA who announced they would be working together to try to save the ancient sport. Iran, who hosted the World Cup of Wrestling this past week, had fans and athletes from all over the world take a moment at the event to join hands as a symbol of their strength and unity as a sport community. On May 16, USA Wrestling plans to host an "International Wrestling Day" in Times Square, New York City. The event will feature a dual against Iran to showcase wrestling to the public.

As for here in Vancouver and the rest of Canada, members

of the wrestling community are working together and using social media to get the word out and get communities involved. "We're all protesting and signing petitions," says Yeats. There are also numerous Facebook and Twitter accounts dedicated to saving the historic sport.

"Wrestling is a small community. When you get to a high enough level, everyone knows each other and everyone is there for the love of wrestling," says Lappage.

Both Lappage and Yeats, who are contenders for the 2016 Olympics in Rio de Janeiro, feel confident that the IOC will decide to include Olympics in the September vote. "I don't think any other sport has caused this much upset," said Yeats.

"I have a good feeling about the vote in September," Lappage agreed. "It's not just wrestlers who are upset; it's a worldwide community that's upset about the decision."



Bruins fan seeks friend in Vancouver

By **Avalon Doyle**, Bruins Fan

The Boston Bruins have had an incredible start to their shortened season this year—the best since 1978—but as a Vancouver resident, I’m having a hard time finding people to celebrate with. Vancouver is a fierce hockey town that loves, and sometimes loves to hate, their precious Canucks. But I was born in Halifax, Nova Scotia, and cheering for them feels, unfortunately, like cheating.

Until two years ago, no one cared that I was a Bruins fan—other than the occasional “oh, that’s weird.” Then, in 2010, Boston and Vancouver found themselves in a bloody battle to the finish line and I found myself ostracized from the hockey community in Vancouver. It didn’t help my cause that I was a loud supporter of Brad Marchand—unarguably one of the games most-hated players and the centre of controversy in the

championship round. But growing up as a fellow athlete in Halifax, I crossed paths with Marchand on occasion, and once a Maritimer, always a Maritimer. We stick together.

Give me five minutes with a Canucks fan and I’ll have them sympathetic to my cause. The reason I’m such a dedicated fan goes back to my roots. As mentioned before, I’m a Maritimer. I was born

killed, injured, or left homeless in the coldest season. It was at that time when Boston, a sister city of sorts, came to our rescue. They provided Halifax with medical relief and helped us to rebuild. To show our appreciation to Boston for their help, we send them a giant tree every year in December to be set up in their city centre for their Christmas ceremony. My father, who spent 20 years in the navy,

conflict. Since Boston won against Vancouver—stealing away Vancouver’s chance for glory of a Stanley Cup they have yet to feel—I have become a monster in the eyes of Vancouverites. Working in a sports bar doesn’t help, where patrons and coworkers alike team up to throw coasters at me every time Boston wins a game.

There’s also the awkward family dinners with my West

an ungrateful child. I looked down at the green, white, and blue fleece sweater bearing the Canucks logo with its cute little drawstring hood that ended in pompoms, as my roommate whispered in my ear “Grin and bear it, Avalon. Just grin and bear it.” So I did. I stood up before 12 family members while my mother did her best not to laugh at me and I tried it on. They even took pictures, leaving me haunted by the evidence of my betrayal.

Though it’s just a game and supposed to just be about entertainment, hockey is a sport that brings people together through camaraderie and a mutual love for the game. Teams bring to their cities pride (or shame) and it’s about community coming together. My support stays with Boston as a continued homage to the support they showed my community members in Halifax that came before me, and nothing can ever change that history.

“*Since Boston won against Vancouver—stealing away Vancouver’s chance for glory of a Stanley Cup they have yet to feel—I have become a monster in the eyes of Vancouverites.*”

in Halifax where in 1917, we faced the most devastating non-nuclear explosion in North American history. Two ships collided in the Halifax harbour and the SS *Mont-Blanc*—full of wartime explosives—detonated, flattening our entire city. It was just before Christmas and thousands of people were

volunteered with his crew to take down the tree a few times while I was growing up. It’s a mutual love that bonds our two cities and since Halifax has no professional sports teams, many Haligonians choose to continue to support Boston by supporting Boston’s professional teams.

But it’s not without

Coast aunts and uncles, which hit an all-time low this Christmas when my uncle (an executive with Rogers Arena) gave me a really nice Canucks sweater, knowing where my loyalties lay. I was faced with the challenge of either choking down my pride and trying it on for everyone, or looking like



Photo courtesy of Douglas College Douglife (Flickr)

Royals Roundup

Last weekend was a busy one for the Douglas College Royals volleyball teams, as they both participated in the PacWest Provincial tournament in Cranbrook. The Royals men’s team—who hold the Provincial Championship title from last year’s playoffs—took on the Capilano Blues in the semifinals last Friday night. The Royals started off strong taking the first set 25–23 to only be answered by the Blues in the second set 27–25. They went on to dominate in the third set 25–17, lose in the fourth set 26–28 and ultimately lost in the fifth set 16–14. The Royals lost in the Bronze medal match on Saturday against the Camosun Chargers 3–2. As for the Blues, they went on to the Gold medal game and defeated the VIU Mariners with ease, 3–2.

The women’s volleyball team, ranked sixth overall in the standings, faced off against the third-seeded CBC Bearcats last Thursday night. The Royals lost 3–0 (25–23, 27–25, 25–18), ending their season and playoff hopes. The CBC Bearcats went onto face

the UFV Cascades in the finals and lost 3–0.

The Douglas College badminton team cleaned up two weeks ago in the Badminton Provincial championships, having a dominating presence in the tournament and winning three gold championships of the five events. RuiLin Huang of the Royals took home a gold in the women’s singles, Charmagne Yeung and Amy Leung finished with Gold in the women’s doubles, Nathan Choi and Luo Wei won the gold in men’s doubles.

The Royals will be travelling to Barrie, Ontario, to take part in the CCAA National Championships this weekend.

The men and women’s basketball teams are in Provincial action this Thursday at Camosun College in Victoria, BC. The fourth-seeded men’s team will face the fifth-seeded Capilano Blues at 3 p.m. and the third-seeded women’s team will play against the sixth-seeded Camosun Chargers at 6 p.m.



Danica Patrick | www.pendleton-gazette.com

Danica Patrick makes NASCAR history

Secures pole at Daytona

By Aidan Mouellic, Contributor

Danica Patrick had already made history when she became one of the only women to race at the elite level in motorsports. But now she’s made history again as the first woman to get a pole position in a NASCAR sprint cup race.

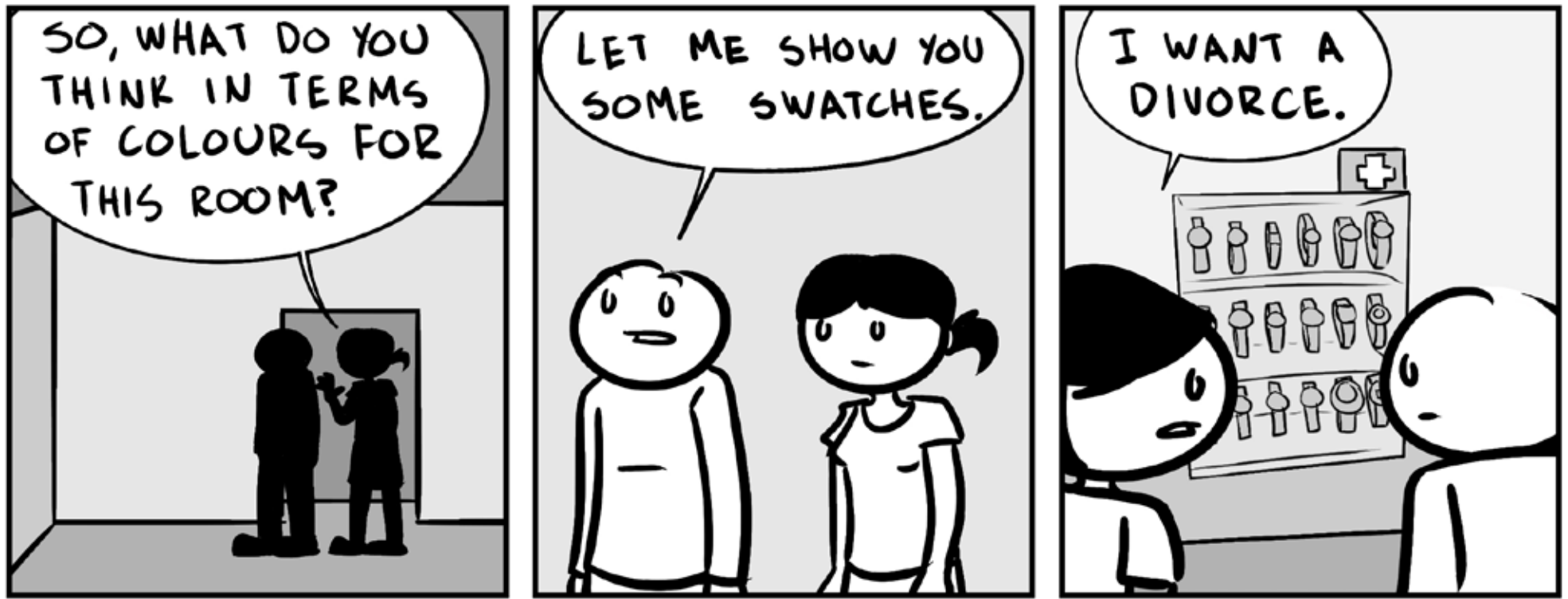
The 30-year-old driver, who drives for the GoDaddy racing team, took victory in qualifying for Daytona 500 on February 17 with a lap speed of 196.434 mph, beating such favourites as Jeff Gordon and Tony Stewart. Patrick has previously raced in British open wheel racing, the open wheel Indy Car series, and was the first female to win an Indy Car race at the Indy Japan 300 in 2008.

While Patrick has been a

controversial staple in the male-dominated sport, with some people saying she has no place in the sport, others, such as venerable favourite Stewart, have claimed that she is good for the sport and brings fresh eyes to the races. There is no doubt that Patrick has used her position as a female driver to raise her profile and make her a more marketable star. She has appeared in widespread ad campaigns and has even dabbled into modeling as well. The people who have long claimed that she is just a pretty face behind a steering wheel can no longer doubt her talent—she has a growing résumé of racing achievements and has beaten many of the top male talents in her sport.

Sunday’s action-packed Daytona 500 was led off by Patrick on the pole and was eventually won by Jimmie Johnson. Out of 43 racers, Patrick finished in eighth.

Ski Ninjas | By Kyle Lees



Blitz Toonz | By Ken Bablitz



Vern spend the better part of the night wondering just which AIDS joke caused his date to walk out.



You Tube

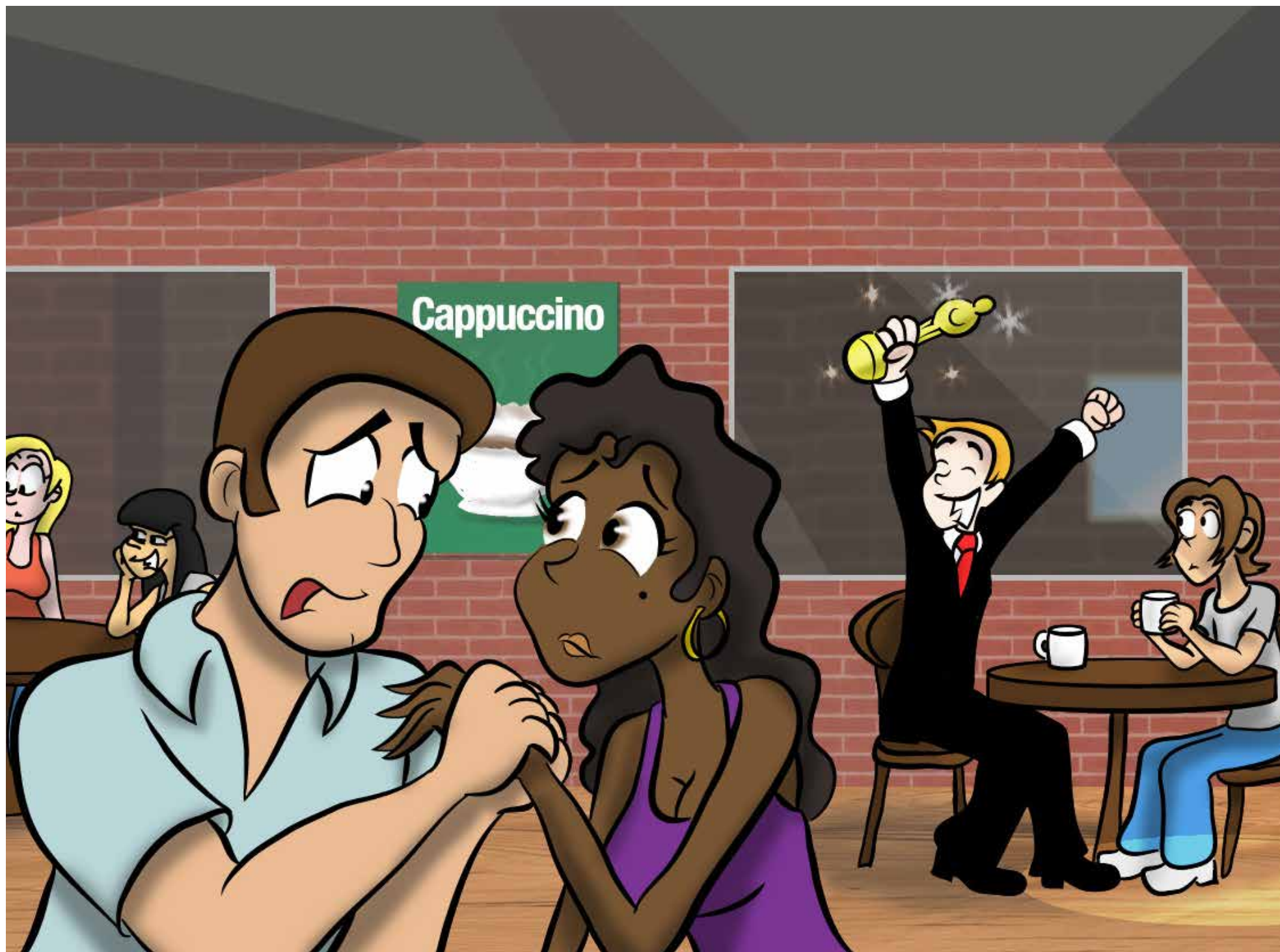
Comedy Classics

Girls Are Not To Be Trusted

By Joel McCarthy, Graphics Manager

http://www.youtube.com/watch?v=Rcx4_CszaDI

In my opinion, this is the best Derrick Comedy YouTube video. For those of you unfamiliar with the name, it was a YouTube sketch comedy group from NYU whose most famous member is probably Donald Glover, of *Childish Gambino*/*Community* fame. If you find yourself with an hour to kill, try exploring their extensive catalogue. With that being said, “Girls are not to be trusted” is my favourite of the collection, as it explores the true meaning of heartbreak within the confines of a film classroom.



Acceptance speech for the Award for Best Background Performance

As transcribed by **Elliot Chan**,
The Extra Extra

Leonardo Deniro, Professional Background Performer “Wow! Uhhh... Okay! Wow! I was so not expecting this. Wow! What an honour. When my agent first called and told me to show up on set, I did not know I was going to be playing such an amazing role. Unfortunate Bystander Number Four was an extraordinary exploration into the human dynamic; it has changed my life—so I would like to thank my agency, Meat Prop Inc., for giving me such a fabulous opportunity.”

(Pauses for a moment of introspection)

“Secondly, I would like

to thank God for giving me a human body. Without it, I wouldn’t be able to be such an exceptional background performer. Next, I would like to thank my beloved mother for teaching me to stand still and then move naturally when someone shouts “Action!” I thought you were crazy at first, mom, but... *(Resisting the urge to cry)* Mothers know best and you were preparing me for a gurgling life of following directions. Without you, I would not be so obedient. You gave me the cues for success. I love you.” *(Breaks down, dramatically)*

(Milks applause for several more seconds)

“Next I would like to thank my colleagues. Gosh, any of you could be up here tonight,

accepting this award. Denzel Washington DC, you were simply brilliant as the man walking the dog in *Zero Dark Thirty*. And then there is Daniel Night-Lewis; you were truly inspirational as that orc in *The Hobbit*, my eyes just somehow seemed to go to you. Who said being M. Night Shyamalan’s relative is a career curse, huh? Spinoff, dude, imagine a television show called *Orc!* Finally, how can I forget about you, Tobey Maguire. Where have you been, dawg? That was an incredible performance as the elephant in *Life of Pi*—I know your scene on the boat got cut, but damn! Incredible. I really don’t deserve to be in such an illustrious company... but I’ll keep the award anyways.”

(Pause for insincere pompous

laughter)

“Background actors often don’t get the respect they deserve, but it is an art form.”

(More laughter)

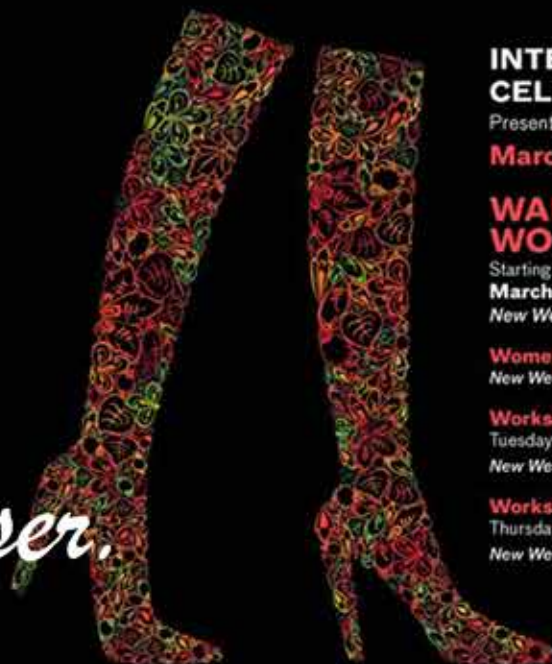
“Sure, we might not be as good-looking and we don’t end up in the credits or whatever, but that’s not the point. We are a valued part of the movie experience. Like sets, props, music, and costumes, we complete the film. Just because we’re blurry figures in the background doesn’t mean we aren’t working hard. We are some of the hardest working people in the industry. You think sitting in a tent for 16 hours is easy? You think waiting for Dwayne “The Rock” Johnson to say his lines is easy? No, can

CGI characters do that? Fuck no! Sorry, I didn’t mean to cuss. *(Fakes embarrassment)* Bottom line is that there are a million background performers losing their jobs. Students coming out of background acting school with nothing, absolutely nothing, not even as a *Walking Dead* zombie part.”

(Music starts playing)

“Wait! Hold on, I’m not finished! *(Pause)* The industry is evolving and it is time for us, the background performers, to stick together and come to the foreground of the problem. We might be extras on set, but no more. We are the leading actors of our own lives. So thank you, the academy, for the recognition. Martin Scorsese, you are a legend! Thank you!”

*Donate any gently
used shoes to the
Women's Centre for
sale at their fundraiser.*



INTERNATIONAL WOMEN'S DAY CELEBRATION

Presented by Douglas College Women's Centre

March 4-8, 2013

WALK A MILE IN A WOMAN'S SHOES shoe sale

Starting at \$2/pair

March 8, 11am-4pm

New West Campus, concourse

Women Who Inspire Us poster exhibition

New West Campus (concourse), Coquitlam Campus (atrium)

Workshop: Women's Self-Defense

Tuesday, March 5, 2:30-4:30pm

New West Campus, room 2803

Workshop: Human Trafficking & the Sex Industry

Thursday, March 7, 9:30am-11:30am

New West Campus, room 3343



DOUGLAS COLLEGE
WOMEN'S CENTRE



REGISTER. LEARN THE ISSUES. VOTE.

**Visit our table &
register to vote.**

**On March 26 you
could win one of
3 pairs of Cunucks tickets
More prizes and i-pod
still to be drawn.**

**ROCK
THE VOTE
BC**



A campaign of the

Canadian Federation of Students-British Columbia

www.rockthevotebc.com



DOUGLAS STUDENTS' UNION
Local 18 — Canadian Federation of Students

www.DSU18.ca www.facebook.com/DouglasStudentsUnion @DSU18

Mon, March 4

11:15-1:45 or until food runs out

DSU Lounge

**Free
Tuna Melt
Lunch**